

Song of the Zomer

The Newsletter of the Barony of Caer Antherth Mawr in the Kingdom of Northshield
Volume 42, Issue 12—Anno Societatis LV—December 2020



The publishing scoop. The whole scoop. And nothing but the scoop.

This is *Song of the Tower*, a publication of the Barony of Caer Anterth Mawr, SE Wisconsin's branch in the Kingdom of Northshield of the Society for Creative Anachronism, Inc.-Wisconsin (SCA-WI). It is not a corporate publication of the SCA and does not delineate SCA policies; additionally, your SCA membership does not include a subscription to this newsletter. The newsletter is available online at www.caeranterth.org or from the Chronicler (Editor), Susan Tatreux (see the "Officer Regnum" listing elsewhere in this issue for contact information). Copyright ©2020-Society for Creative Anachronism-Wisconsin, Inc.-Barony of Caer Anterth Mawr. P. 2 photo of Their Excellencies ©2017 by Milan Nelson, used with permission. P. 3 image of the Chronicler ©2019 by Idonia Tait, used with permission. Cover: Photo of Her Majesty, Queen Elis, ©2020 by Anne Hinseth, used with permission. Images on page 4 ©2020 by Wesley Adams, used with permission.

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Officer Reports

Coronet

Greetings to Caer Anterth!

A year ago we stepped into our role as Baron and Baroness of Caer Anterth Mawr. We hope you are all pleased with our service to date; we wish we could be with everyone to celebrate at Boar's Head this year. We continue our pledge to be faithful to the crown, to be vigilant as we guide you in service, and to light the way from our Baronial seats. If you have advice, suggestions, questions, or requests please let us know.

As we cannot gather in person, Her Excellency continues her work with jewelry while His Excellency putters around the garage, making armor for adult and youth fighters. We have packed away the thrown weapons but continue to visit archery as schedules permit.

At the most recent Curia meeting we announced our intent to hold a Yule Court sometime in January. This will almost certainly be a virtual court. We need award recommendations for this, so please submit them - you can use the website (<https://www.caeranterth.org/baronial-award-recommendations>) or email them to us directly at [baron@](mailto:baron@caeranterth.org) and [baroness@](mailto:baroness@caeranterth.org), or coronet@caeranterth.org. If you are a member of our orders of the Tyr Mawr, the Mullet of Caer Anterth Mawr (formerly the Fortress



Virtuosos), or the Commander's Castle, please consider who should fill out your ranks. Refer to the OP at <https://www.caeranterth.org/order-of-precedence> to see who might be missing. And, of course, Their Majesties are always eager to have award recommendations at the Kingdom level as well.

Rather than Boar's Head, the first weekend of December will instead feature an event called 'That's A Beautiful Event - The Perfumery, Beauty Care, and Adornment Virtual Symposium' hosted by our cousins of Jararvellir. More information about it can be found at <https://sites.google.com/view/beautifulevent>. It looks very interesting - period tattoos, makeup, hairstyles, oral hygiene, pottery and soap across a wide swath of history. On Saturday night Their Majesties will be holding court at 7 PM CST.

Thank you to the officers who are stepping down this month and making way for new people to step into those roles - we appreciate your service!

This will be our last missive to you until the holiday season is fully upon us, so we will leave you with this - please party responsibly, socially distance, and enjoy yourselves.

Stay safe, wash your hands, and be excellent to each other.

In service,

ABELARD AND YSOLT

Baron and Baroness Caer Anterth Mawr

Seneschal

Greetings!

In these short days as we lead up into the holidays. We give thanks for the people around us, and for what we can do within our hobby in these dark times.

In these dire times, we give thanks...

- Thanks be given to Idonia for her time as Chronicler.
- Thanks be given to Arnbjorn for his time as Herald.
- Thanks be given to Armond for his time as Quartermaster.
- Thanks be given to Rhys for his time as MOAS

We have some new and old faces for officer positions, we move forward into the darkness with these guiding lights to help us...

Stepping up into the role of Chronicler will be Arnbjorn, hey, we know that guy.

Stepping into the role of Herald we have Katie. She is in communication with top heralds in the barony.

Magnus has taken up the Quartermaster reins...

Stepping into the MOAS ring we have Albrecht!

Thank you all for taking up point in these positions.

...And thanks be given to you all, for reading this.

Next meeting will be Tuesday, December 15, 2020 at 7:15pm. It's dark at 7:15am, it's dark at 7:15pm, how do you tell? Ok 19:15 hours for those of you who know 24-hour time.

Meeting ID: <https://meet.google.com/xsh-iyrw-gbu>

Phone Numbers (US) +1 470-222-8411 PIN: 830 283 902#

I'm sure our new MOAS will agree:

Have fun, make stuff.

In Service,

Randall



Outgoing Chronicler

Greetings to one and all.

I hope you enjoy this month's tribute issue—and its accompanying jewel tones—in honor of Queen Elis, Dread Sovereign of Northshield.

This issue is my last. It has been my pleasure to serve the populace of Caer Anterth Mawr as its Chronicler. Thank you to His Lordship, Arnbjorn Karlsson, for succeeding me in the office. Thank you, also, to those who have contributed to the



issues with officer reports, photos, and articles. Thanks also to our Baron, Abelard, for his monthly minutes of our curia meetings. I remain

Ever in service,

Idonia

Incoming Chronicler

Greetings,

It is my pleasure to once again serve Caer Anterth Mawr as chronicler. I want to thank Dame Idonia Tait for her service as chronicler for the past two years. I have long admired her work on *The Pale*, *The Northwatch*, and of course, *The Song of the Tower*, and I will strive to maintain the level of excellence the *Tower* has enjoyed for over forty years.

Of course, newsletters are nothing without content. While monthly newsletters are not, in this era of instant electronic media, the timely source of news they once were, they are the first draft of recording the barony's history and an excellent place to publish articles on various interests. To that end, I wish to make the following challenge/request/encouragement:

- 1) For all the officers to submit a report at least once a quarter. Since we have report at least once a quarter, might as well adapt it for the *Tower*.
- 2) For all the Black Flames, Brigits Flames, and Laurels to submit just one article on an art or science they find interesting. It can be background history or a how-to article.
- 3) Share your favorite recipes. We do like to cook and eat in this barony
- 4) Share your photographs. Write about a event you attended.
- 5) Share your artwork, poems, stories, and songs
- 6) Share any ideas of what you'd like to see in the *Tower*.

If we all contribute to *The Song of the Tower*, we can produce a newsletter that people will look forward to reading. I will be honest, one of my ambitions as chronicler is for *The Song of the Tower* to be Northshield's nomination for one or more William Blackfox Awards, the Society-wide award for publications and websites. With the talent we have in this barony, I believe that is a goal that can be achieved.

I will keep the due date for submissions on the 25th of the month, unless otherwise announced. As the 25th of this month is Christmas Day, submissions for the January *Tower* is December 28th. Though I will be glad to receive any Christmas presents you all send.

In Service,

ARNBJORN



Baronial Pursuivant

Greetings,

Welcome month ten of *Anno Plaga*, December by the common reckoning.

This month, Lady Katie of Caer Anterth Mawr assumes the mantle of Baronial Pursuivant. Both Signora Beatrice and I will be serving as her deputies as she learns the ropes and settles into the office. I want to thank my deputies, Signora Beatrice Domenici della Campana, for her assistance with name and device registrations and stunt court heralding, and Lady Kale Phokaina Kourkouaina for her past and continuing service as Baronial Signet.

When I stepped up as pursuivant two years ago, one of my primary goals during my tenure was to get the baronial awards and orders registered with the Society's College of Heralds, as we are required to. Two years ago, none of the award names were registered, and most did not have badges. Since then, with the exception of the *Order of Twr Mawr*, the *Baronial Brassard*, the *Council of Ancestors*, and the *Honour of the Domestic Goddess*, all the awards now have registered names or are in the registration pipeline. I am continuing the search for documentation for the *Twr Mawr*. The other three we will not bother trying to register. Several of the awards and orders now have registered badges. With the registration of the Award of the Boars Head, the Order of the Mullet - the group service honor established in 1986 by Baron Dughall and Baroness Myfanwy - is hereby formally closed. (WOOT to the Pursuivant for getting these done! —Idonia, Chronicler)

Awards of the Barony of Caer Anterth Mawr

Baronial Brassard: This Award recognizes service to the Barony. This award is not limited to the populace of Caer Anterth Mawr. The token of the award is a cord braided of green, blue, and white cords.

Awards of the Baron's Cipher and/or the Baroness' Cipher: This Award is given to recognize personal service to the Baron(s) and/or the Baroness(es).

Award of the Flame and Swan: This Award recognizes promising skills in the Arts and Sciences. Recipients of this award may bear the badge: (Fieldless) On a flame Or a swan naiant azure



Award of the Boars Head: This Award is given to groups in recognition of service to the Barony. Recipients of this award may bear the badge: (Fieldless) Issuant from a tower argent a boar's head proper.



Award of Tower Rising: This award recognizes children of exceptional manners and medieval presence. The token of the award is a silver-painted wooden star suspended

from the neck on a blue ribbon.

Award of the Millstone of Caer Anterth Mawr: This award recognizes excellence in service to the Barony.

Award of the Zenith's Guardian: This award recognizes excellence in the arts martial.

Orders of the Barony of Caer Anterth Mawr

Order of the Twr Mawr: The Order recognizes long and distinguished service to the Barony. The Coronet may consult with the membership of the order on prospective new members. Recipients of this award may bear the badge: Azure, a tower issuant from a trimount between in chief three mullets one and two Or



Order of Commanders Castle: The Order recognizes superior skill and teaching of the arts martial, with emphasis within the Barony. The Coronet may consult with the membership of the order on prospective new members. Recipients of this award may bear the badge: (Fieldless) A chainless portcullis azure sustaining in chief a mullet argent.



Order of the Mullet of Caer Anterth Mawr: The Order recognizes superior skill and teaching of the arts and sciences, with emphasis within the Barony. The Coronet may consult with the membership of the order on prospective new members. Recipients of this award may bear the badge: (Fieldless) A tower sustaining in chief a mullet argent.



Council of the Ancestors: This council includes previous landed Barons and Baronesses of Caer Anterth Mawr, and any other long serving members of the Barony deemed appropriate by the current Coronet to be a permanent councilor to the current and future landed Barons and Baronesses of Caer Anterth Mawr.

Honour of the Domestic Goddess: This honor acknowledges those members of the Barony who have shown excellent service in the kitchen during an event. The token of this honor is a copper pan.

"The Honour of the Domestic Goddess exists to acknowledge those members of the Society for Creative Anachronism who have shown excellent service in the face of danger, travesty, threat, flood, siege, or other worrisome items while serving in the kitchen during an event.

"The Honour of the Domestic Goddess carries no precedence in any local branch or kingdom, is not represented heraldically, and is not an official award or order of any sort.

"Any member of the Honour of the Domestic Goddess may nominate someone for membership. Basis for

membership is not dependent on race, creed, sex, religious affiliation, or persona; rather it is an effort to acknowledge the hard work, dedication, and punchiness that goes with exacting and demanding kitchen duties.”

Please use the guide above and send award recommendations to Their Excellencies for Yule Court in January, via the baronial website at:

<https://www.caeranterth.org/baronial-award-recommendations> . To see what baronial awards someone has, or don't have, review the Baronial Order of Precedence at:

<https://www.caeranterth.org/order-of-precedence> .

Their Majesties are seeking award recommendations for future courts. Please send award recommendations to Their Majesties at <http://northshield.org/OrderOfPrecedence/Recommendation.aspx?who>

The next Ethereal court will be on December 5th, “This Little Piggy Stayed Home”, as Their Boar's Head Court. The courts can be live streamed, or watched later, on the Northshield YouTube channel at:

<https://www.youtube.com/channel/UCU3tGV18QKVnunc1qxxMMDw> .

In Service,

ARNBJØRN



Exchequer

Tri-City National Bank

Income: None

Expenditures: None

Balance 10/31/2020: \$ 12,558.29

Fighters Fund 10/31/2020: \$(78.28)

Yours in service,

Arthur Angus



Minister of Arts and Sciences

This month we really will be picking the next MOAS. It's been lovely to serve through these trying times, even if the times themselves were not particularly lovely.

This month I haven't been baking as much, it's been time for legumes instead.

SUN was last weekend. I thought it was managed really

well, virtual-wise. I believe at least four of our baronial members taught classes or helped in some way. Thank you very much, everyone who helped! My #1 takeaway was the idea to pickle fennel!

As always, a number of us are working on booze or the accessories thereof.

It's a lovely time for things from the late harvest, many of us are digging into apples and pears (and squashes, but we won't tell anyone).

I'm looking forward to seeing the textiles that are being sewn and painted.

Vivat for all of the scribes in the barony! You make beautiful things all the time!

Last, we've got fine metalwork going on, and it's impressive.

Thank you all for your efforts!

Yours in service,

Rhys



Chatelaine

Greetings to all,

As the chill sets in, join us at 7 p.m. on December 3rd at the Baronial Yule Social! Bring a hot drink, a blanket, and a warm memory to share!

Meeting ID

meet.google.com/zsq-ufzk-geb

Phone Numbers

(US)+1 636-707-2182

PIN: 192 843 666#

Ever in Service,

Belle de la Tour



Marshal

Greeting from the Marshal,

First, I'd like to make sure everyone is staying safe as we go into the close of the year. With that said practices and events are still cancelled. I hope everyone is working on projects to prepare them for the coming war season. I was reminded to make sure our siege engines are ready to be maned with stockpiles of ammunition.

Marshals please be aware that reports are due in the near future and every marshal needs to report.

Thank you,

SIR GEOFFREY



Archery Captain and Thrown Weapons Marshal

Archers and Throwers to the Line! Per Society and kingdom, we can continue official target archery and thrown weapons practices, in accordance with local restrictions, through the end of January 2021. As archery captain and the thrown weapons group marshal, I **require all participants to wear masks or face covering, and to maintain social distancing on the range.**

I want to thank His Lordship, Simon of Kermerdyn, for the tree sections for thrown weapons targets, and for Master Dahrien Cordell for arranging delivery. Given that the axe target split at the last practice of the season, these are timely replacements.

Thrown weapons practice is done until spring. Archery Practice will increasingly be subject to weather as we journey further into winter. COVID conditions may also force cancellation of practice.

The Saturday archery practices will be scheduled for December 5th and December 19th at 10 am at Kinnickinnic River Parkway (2050 W Kinnickinnic River Pkwy, Milwaukee, WI 53215).

Archery Practice will be scheduled for Sunday December 13th and December 27th at 10 am at Menomonee Park (W220 N7884 Town Line Rd, Menomonee Falls- \$5/car entrance fee).

If anyone is interested becoming an archery marshal-in-training and/or thrown weapons marshal-in-training, please let me know. William, Rhys, and I are all training marshals for archery, and I may become one for thrown weapons, once I complete the MiT process myself, hopefully next year. Ever in Service to the Barony,

ARNBJORN



Curia Minutes

November 17, 2020

Attendees: Abelard, Ysolt, Belle, Arnbjorn, Albrecht, Tatiana, Randall, Geoffrey, Rhys, Idonia, Armond, Octavian, Rachel, Magnus, Kale, Arthur, Sofonisba, Theresa, Asabella, Brandy, Katie.

Officers Reports:

Baron and Baroness: We will be holding a Yule Court in January, so please send in award recommendations - if we don't have award recommendations, we can't have awards.

We watched Kingdom Court with the student group via their Google hangout and it was lovely.

Seneschal: Received paperwork to make Magnus official. Hope everyone was able to find links to the Curia meeting easily.

Chronicler: Deadline for articles Nov 25. This issue is for Her Majesty. It is based on the preferences on TRM's website. This is Idonia's last issue and Arnbjorn will be taking over. Can we upload the Tower archives? Yes, we should be able to put them on a google drive or something.

Webminister: Will look into where we can have an archive of old files. Is having an attack of life so might not be able to do that right away. Added another email address: 'Students at caeranterth.org'. It currently goes to Beatrice as an unofficial liaison.

Minister of Arts and Sciences: We have arts and crafts. SUN was last weekend - we had a number of people who taught classes, and a number of people who attended classes. Wide breadth of classes and resources - we had people from all over the knowne world teaching. We're cooking, we're brewing, we're fibering - crafts have not diminished. Want to call out Kale for her amazing scrolls.

Marshallate: Technically, time is passing. We are still making new marshals and MITs.

Knights Marshal: Build more siege engines. Have sent in a Tower article. Practice on your own.

Archery: Alternating Saturdays and Sundays between Kinnickinnic and Menomonee Parkway. As we enter December it will get more play-it-by-ear as the weather gets colder. Domesday report has been submitted.

Rapier: Domesday reports are in. MITs for Rapier need to also send theirs.

Youth: There will be three classes at Virtual Fighter Symposium.

Thrown Weapons: This weekend is the last one for the season. Domesday report has been submitted.

Chatelaine: Nothing really to report. Next social will be December 3. Would like to request a one-year extension.

Exchequer: Nothing going on with the church at this point. No income or payments. LOI for Exchequer is due next month - is already in his third year, but might apply for another full term (because that's the way the bylaws work).

Quartermaster: We have stuff. Everything looks okay.

Herald: Last curia as herald. Domesday report is filed. TRM are holding virtual Boar's Head court on December 5. Badges for Tyr Mawr, Commander's Castle, Order of the Mullet, and Order of the Boar's Head have been approved. The names for the Battles Wall and Battles Star should be finishing at the Kingdom level and moving on to Society. Katie has filled out the online changeover. Needs to get the paper copy signed.

Old Business:

MOAS Office: Two candidates - Albrecht and Sofonisba. Moved, voted, Albrecht will be new MOAS. Sofonisba will be his deputy.

Border Skirmish: No new developments at this time - they haven't gotten back to us. We still don't know if we can have an event in 2021.

Boar's Head: Asabella will still run it if it's happening, but we don't know.

Baronial Champs: Usually in September to coincide with the Barony's birthday, but could hold it any time (once we can have events). If we have champions who wish to step down, please let Their Excellencies know and we'll work something out.

Chatelaine: Belle is still Chatelaine until February; will be asking for a third year.

New Business:

New awards: See herald's/pursuivant's report.

Planning meeting: Tabled until we know we can meet again. But Boar's Head, Border Skirmish, Baronial Champions are things we expect. Maybe one Viking hike per quarter?

Flyers to hand out: Randall has some, Abelard has some, and maybe we can combine them. Remember, publications go through Chronicler so give them to Arnbjorn. Business cards: Tatiana ordered the last ones.

Guilds and Groups: No formal meetings until at least February.

Students: Had a Google hangout to watch SUN court and will do that for future royal courts as well. They will have virtual meetings next semester.

IRISH TRIVIA

Contributed by the Hon. Lord Arnbjørn Karlsson

The Neolithic monument at Newgrange pre-dates the Great Pyramids of Giza by over six hundred years. The opening of the Newgrange tomb aligns with the sunrise of the winter solstice.

The Irish cities of Dublin, Cork, Limerick, Wexford, and Waterford all started as Norse ports and settlements, beginning in the ninth century.

Brian Boru, the High King of Ireland, ended Norse control of Ireland at the Battle of Clontarf, in 1014. He led the Irish against the allied forces of the Norse king of Dublin, Sigtrygg Silkbeard, and the king of Leinster, Máel Mórda mac Murchada. While successful in defeating and killing their kings, Brian, his son, and a grandson also died in the battle.

Diarmait mac Murchada was deposed as the king of Limerick. He sought the assistance of the English King Henry II to restore his kingship. Henry permitted Diarmait to recruit Anglo-Norman mercenaries to aid him. In May 1169, they landed in Ireland, and in a matter of weeks, restored Limerick to Diarmait. In May 1170, more Normans arrived, capturing Dublin and Waterford. A Norman earl, Richard de Clare, nicknamed *Strongbow*, married Diarmait's daughter, Aife. In 1171, Henry II led a large army to assert control over both the Irish and the Anglo-Norman mercenaries. He gave Limerick to Strongbow as a fiefdom. In 1177, Henry declared Prince John as "Lord of Ireland" and that the Lordship of Ireland was official part of Henry's Angevin Empire. In *The Lion in Winter*, Henry was referring to the French Vexin when he said, "It's got my troops all over it; that makes it mine." It is an apt description of Ireland as well.

The Pale, or the English Pale, was the region around Dublin that remained largely under the direct control of the English crown, though by the Tudor area, even the Pale was becoming increasingly "Gaelicized" as a result of centuries of intermarriage between English settlers and the Irish natives. The expression, *beyond the pale*, refers to something or someone is outside the standards of decent, i.e. English, culture and law.

Unlike what has been depicted in films, Queen Elizabeth I never met her cousin, Mary, Queen of Scots, in person. Elizabeth, however, did meet in person with the Irish "pirate queen" Gráinne Ní Mháille, aka Grace O'Malley, of Galway Bay, in 1593 at Greenwich Palace. Gráinne petitioned the queen for the release of her sons and brother, who had been captured by the English. Elizabeth granted the request, on condition that Gráinne cease supporting Irish rebels against English rule.

recipes

shaped by maestra sofonisba vespasiana gabriełli

Based on "An Early Meal" by Daniel Serra, excerpts can be found here: <https://etc.ancient.eu/wp-content/uploads/2015/12/AnEarlyMeal.pdf>

"Travellers Porridge" is a recipe in An Early Meal by Daniel Serra. In it, he boils some smoked pork, sautés leek or ramps in butter, and adds it to the pot with barley to make a porridge and puts the meat back in at the end. Here's what I did instead.

Sofonisba's Instant Pot Viking Risotto

1.5 cups wheat berries, rinsed

1/2 Leek

16 oz fresh mushrooms

Garlic - however much looks good to you

Butter

1-3/4 cup broth - I used beef

3/4 cup whey - if you don't have whey, use 2-1/2 cups of broth or you could substitute white wine.

Soft cheese - I used a dollop of fresh fromage blanc, but you could use cream cheese, plain yogurt, plain skyr or some heavy cream. All would be delicious. No, I didn't measure.

Salt to taste

Add your favorite herb/s Serra states that they would have used mustard seeds, thyme, dill, caraway, coriander, and other plants found at the time. I used coriander.

I had a bag of wheat berries from my CSA, so I decided to use those to make porridge instead of using barley. A completely period substitute. I had also just made a fromage blanc, so had whey in the refrigerator. Whey adds a bit of acid. You could add a couple tablespoons of apple cider vinegar instead if you like.

Chop the leek and add to a pot with butter, mushrooms, and garlic. Sauté until the mushrooms have sweated off most of their liquid, about 10 minutes. Add salt and herbs to taste. I added a couple shakes of coriander. Scrape the cooked mushroom and leek mixture into the instant pot. Add wheat berries, broth, and whey.

Cook on high pressure for 20 minutes. Release the pressure and stir. Taste and make sure the wheat berries are tender, if not cook 10 more minutes on high pressure. If there is too much broth, let it sit a few minutes and it will absorb.

Add the cheese/dairy and stir for a creamy, hearty dish. You can also leave the cheese out, or use Parmesan for a more traditional risotto flavor.

If you don't have an instant pot, don't despair! Just cook it on the stove top. Follow directions above, but instead of adding to the instant pot, bring to a boil and reduce heat to simmer for 60-90 minutes. Keep it covered or you will need to add more broth. I fed this to House Ironwood, and they loved it.

(Continued on page 9)

Super simple homemade soft cheese

People think cheese is hard to make, and there are recipes for cheese that require some very specialized ingredients and equipment, but a basic farmer cheese is the simplest thing in the world.

Ingredients:

1 gallon whole milk - make sure it is NOT ultra-pasteurized or it won't work.
1/2 cup of vinegar (or lemon juice)
2 tsp salt

You will also need:

A large pot.
A length of clean, fine linen such as a linen tea towel, or butter muslin - standard cheesecloth will not work for this.
A colander and a bowl or pot. A deep pot that the bottom of the colander doesn't touch is best.
A long-handled slotted spoon or skimmer.
Something to store your cheese in.

Preparation: sterilize everything including your storage containers with boiling water. Prepare your cloth - make sure it was not washed with fabric softener or dried with a dryer sheet or you will get some interesting flavors. I put my cloth in a big bowl and pour a pot of boiling water on it to sterilize and rinse out any offending laundry soap residue. Wring as much water as possible out of the fabric. Line your colander with your clean cloth

The cheese: Pour the milk into the pot and heat on medium heat, stirring often to keep the milk from scorching. Just as it starts to come to a boil - you see some bubbles, but it's not boiling hard, reduce heat to simmer and stir in the vinegar. It should immediately start to curdle and separate into curds and whey. If it does not, add more vinegar, a tablespoon at a time, until you see the milk solids solidify into curds floating around in the whey, which is a clear pale yellow or greenish liquid. Don't stir too much while the curds are forming or they will be soft and small.

Remove the pot from the heat and give it a few minutes to finish doing what it's doing. Five minutes should be enough. Pour the curds and whey into the fabric lined colander. Squeeze out excess whey and hang the cloth to let the rest of the whey drain. Hang for a couple hours and transfer the cheese to a container, add salt, and refrigerate. The longer it drains, the "drier" it will be. Use within 1 week.

Save the whey to use in stock or other uses. I feed it to my chickens. It's a great "protein drink" for them.

This basic cheese is not cultured and will not have the staying power of a cheese made with active bacteria.

You cannot use this type of whey as a starter culture or for fermenting vegetables, etc.

Things you can do:

- Add herbs and garlic and make a tasty cracker spread.
- Add fruit or berries and spread on toast or bagels.
- Use the plain cheese on bread or toast, use it for making a creamed soup, add to a casserole, use in place of ricotta in a lasagna, etc., etc.

Topics of Interest to One and All

Subscribe to the Caer Anterth Mawr email list!

Sign up for the CAM email list and get information delivered to your inbox daily or as a digest. It's not a super-busy list, so don't worry about getting bombed. We just want you to know what's going on!

The CAM List is on Google Groups. Anyone may subscribe with any e-mail address.

To subscribe to the CAM List with *or without* a Google account, OR to sign in with a Google account, for viewing the archives or managing subscription settings, visit <https://groups.google.com/d/forum/camlist>.

Facebook Pages associated with the Barony

Barony of Caer Anterth Mawr
South Eastern Wisconsin Armored Combatants
Students for Creative Anachronism at University of Wisconsin – Milwaukee

Also of interest –
SCA Kingdom of Northshield
Kingdom of Northshield Discussion Group

There are MANY Facebook groups dedicated to the SCA. You can find a SCA Facebook group on just about any topic of interest for the SCA, from fighting to cooking to leatherwork to bardic.

Get together with old and new friends at the *Online Baronial Moot**!

First Thursday of the Month: See Chatelaine's report for the link.

*Social get-together

Because this activity is capable of being done while socially distancing,
ARCHERY PRACTICE is now active. Loaner gear is available.

Alternating Saturdays & Sundays:
See the Archery Captain's report for full details.

Open Offices

A listing of positions that are open or coming open in the coming months:

Chancellor of the Exchequer - Letters of Intent due by December Curia - **Required Office**

Minister of Youth - Vacant - Open until filled

Submit letters of intent to the Seneschal, Their Excellencies and the incumbent officer.

Officer Regnum

Baron & Baroness

Baroness Ysolt Pais de cuer (Laura Knappenberger)
baroness at caeranterth.org

Baron Abelard die Elster, OP (Paul Knappenberger)
baron at caeranterth.org
Term of Office: December 2019-December 2022

Seneschal

The Hon. Lord Randall (Randy Mermuys)
Seneschal at caeranterth.org
Term of Office: September 2020-2022

Chancellor of the Exchequer

Lord Arthur Angus (Chris Witry)
exchequer at caeranterth.org
Term of Office: April 2018-2021

Chatelaine

Lady Belle de la Tour (Belle Otte)
chatelaine at caeranterth.org
Term of Office: January 2019-2021

Chronicler

The Hon. Lord Arnbjörn Karlsson (Wesley Adams)
chronicler at caeranterth.org
Term of Office: December 2020-2022

Knight's Marshal

Sir Geoffrey de la Brugge (Mike Heng)
marshal at caeranterth.org
Term of Office: December 2019-2021

Minister of Arts & Sciences

Baron Albrecht of Caer Anterth Mawr (Byron Skillings)
moas at caeranterth.org
Term of Office: December 2020-2022

Persuivant (Herald)

Lady Katie of Caer Anterth Mawr (Katie Buchholz)
herald at caeranterth.org
Term of Office: December 2020-2022

Webminister

Lady Rachel Kilbourne (Rachel Davis)
webminister at caeranterth.org
Term of Office: October 2019-2021

Archery Captain & Thrown Weapons Marshal

The Hon. Lord Arnbjörn Karlsson (Wesley Adams)
archery at caeranterth.org
Term of Office: AC: November 2018-2020
Term of Office: May 2017-2021

Emergency Deputy Exchequer

The Hon. Lady Asabella of Caer Anterth Mawr (Elizabeth Johnson)
exchequer at caeranterth.org
Term of Office: April 2018-2021

Minster of Youth

Vacant-Office Open
ministerofyouth at caeranterth.org

Quartermaster

The Hon. Lord Magnus Vargrson (Rob Alsten)
quartermaster at caeranterth.org
Term of Office: September 2020-2022

Rapier Captain

Lord Arthur Angus (Chris Witry)
rapier at caeranterth.org
Term of Office: December 2016– 2021

Youth Combat Marshal

Master Abelard die Elster, OP (Paul Knappenberger)
youthmarshal at caeranterth.org
Term of Office: April 2017-2021

Business meetings

Caer Anterth Mawr's Curia (business) meetings are held on the third Tuesday of the month (some exceptions). Currently, all Curia meetings are being held via conference call.
See www.caeranterth.org or the baronial Facebook page.

Song of the Tower

c/o 399 N. Main St. G
Thiensville WI 53092-1292

The Champions of Caer Anterth Mawr

Armored Combat & Thrown Weapons: The Hon. Lord Lothar Von Wyrmhoudt

Archery: The Hon. Lord William of Mann

Rapier: Duke Corin du Soleil

Bardic: Mistress Prisilka the Sensible